Newsletter October 2020



Services Update...

Social Groups

We have been very busy this week calling a range of our clients and volunteers and asking how they are getting on! We are also making some plans to begin some social sessions and activities again, either online or following Covid Safe guidelines set by the government.

We are hoping to begin some online social groups this month, with social groups to follow in small numbers and also an exciting new project – Walk and Talk groups!

Thursday Club

Our weekly peer support group for those caring for people living with dementia is now ONLINE! Lead volunteer Moira will be chatting with carers and clients and providing activities and support.

If you would like information about any of the above <u>call us on 01457 865722!</u>



Grants Funding Update...

We are relaunching our Community Well-being programme in the next few weeks, where there will be grants to support community organisations to deliver services to meet the changing needs of our local communities as the longer term impact of the Covid 19 crisis becomes clearer. In meantime if there are any groups out there that are struggling to continue or, restart their activities please get in touch with Charlotte Winterbottom our Community Development Lead on 01457 865722 or CharlotteW@thebureau.org.uk.

Partnership Feedback...

One of the ways in which we supported the community during lockdown was by providing volunteers to the Covid-19 Medicine Hub to support with delivering prescriptions from local pharmacies. We have just learned that our volunteers supported with <u>250 deliveries</u> during that time, which is absolutely amazing!

One pharmacy technician said "The Bureau volunteers have proven to be an invaluable resource. Their local knowledge, reliability and 'can do' attitude ensured that our Glossop residents received their medications timely. Glossop is very lucky to have them!"

Amazing feedback!

Spotlight on...Life Skills We are pleased to be starting another of our Life Skills Projects at

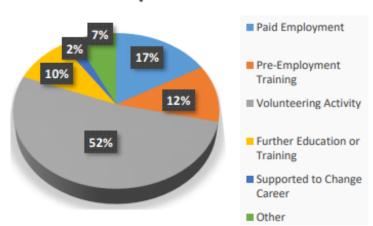
the start of October. With ESF Funding we can support people who are not in work and who face complex challenges in their lives which include: anxiety, being socially isolated and loss of confidence.

The Bureau aims to support Life Skills participants so that feel able to overcome their anxieties and develop coping strategies which enables them to progress into employment, training and volunteering. We are fortunate to have a dedicated and skilled team of volunteer mentors who work in collaboration with our Learners, supporting them to achieve their goals.

Our learners have achieved some very positive successes over the last 3 years, with learners gaining employment, going onto volunteering, securing work experience placements, undertaking pre-employment training and completing high level online training courses.

If you would like to find out more than please contact Ed Kelly on ed@the-bureau-org.uk or 01457 865722!

Participant Outcomes



Client Case Study...

Our volunteer Mary met client Hilary in September 2017 shortly after Hilary's husband passed away. Mary supported Hilary to attend hospital appointments, but now they speak at least 3 times a week. When Hilary was asked what she gains by her befriending arrangement, she said "It's brilliant, Mary has helped me to much! We are good friends now, I would say." Mary also enjoys Hilary's company, both in supporting Hilary but she also gets a lot out of the relationship.

If you'd like to learn more about befrienders, get in touch with us!

Last year....

Our Life Skills programme supported 42 individuals, producing some amazing outcomes as shown in the graph opposite!

Ed and his team of volunteers delivered 175 one to one support sessions and 40 group work sessions.

Staffing Update...



A big Bureau welcome to Jan Bramald, who joined us 4 weeks ago as our new Car Scheme Coordinator! She has settled in really well and is a great asset to our team!

Contact us...



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