



Move More Glossop – helping people across Glossop to move more and find ways to build movement into everyday life.

Contact - Helen Thornhill email - helen@the-bureau.org.uk

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comes to

Manor Park

with

Manny the Mole

By Helen Thornhill





Easter Sunday is always a busy day in Manor Park, families enjoying the playground and going for walks. Manny the mole knew he needed to get up bright and



early to avoid the crowds. He'd set his alarm clock for 5am, just after sunrise. As the alarm clock beep, beep, beeped, Manny stretched his arms and rubbed his eyes and jumped out of bed, oooh it's Easter Sunday he thought, I wonder if the Easter Bunny has left me any eggs. He quickly put on his glasses,

picked up his basket and left his home.

He crossed the bridge, he was delighted to see lots of brightly coloured eggs, they led the way towards the play area.

Manny could see the cheeky Easter bunnies moving quickly around the park, hiding eggs as they went. Manny followed the trail, picking up the eggs as he went, he passed the playground and headed along the river bank.



At the end of the path just before the Rose Garden (Marker 6) he could hear a cluck cluck sound coming from across the other side of the Rose Garden. Manny could see Henrietta the Hen flapping about, she looked very distressed.

Manny hurried across to find out why Henrietta was upset. (Marker 5) Manny called out to Henrietta, Why

are you flapping about Henrietta?' he asked. Henrietta rushed towards Manny, 'My eggs, my babies, they are missing!' She cried, she looked at Manny's basket, 'Have you got them?' She continued. Manny looked in his basket, but he only had colourful chocolate eggs. 'I'm sorry Henrietta, I only collected chocolate eggs, where did you lose your eggs?' Manny asked. Henrietta pointed with her wing towards the entrance of the Rose Garden. 'I laid them in the bushes just beyond the railway track, I went to find some food this morning and when I came back the nest was empty!' 'Where have they gone?' She continued with a whimper 'My babies'. Manny reassured Henrietta, 'I'll help look for them, we need a bird's eye view, where is Olivia the Owl?'. 'Olivia, Olivia!' Manny shouted. 'Up here' tooted Olivia.

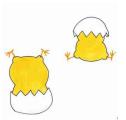
Manny explained Henrietta's plight, Olivia gave a wink and said 'Don't worry Henrietta, I'll find them'. She flew into the sky, she headed out of the Rose garden and turned left, she passed over



the train track (Marker 4), Manny followed behind, Olivia landed on the notice board at the park entrance (Marker 3). Manny ran up to sit beneath, he was quite out of breath. He looked up 'Can you see them?' He asked Olivia. 'Yes, look' she pointed towards the tennis courts, inside the tennis courts, six little chicks were running around singing, crashing into each other, but all safe. (At each point in the tennis courts can you do the exercises below in the box? Look for the Chick signs (he herrietta arrived to see Manny and Olivia both trying to round up the chicks. 'Oh, my babies' Henrietta squealed with delight, sh quickly entered the tennis courts and called out 'Harry, Howard, Hettie,

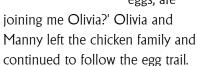
Henry, Holly and Henna, please come to your Mummy'. Henrietta turned to Manny and Olivia, 'Thank you for finding my babies, how can I thank you?' She said. Manny

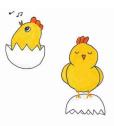




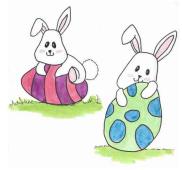
thought for a second and said 'We are happy to help and glad you're reunited with your chicks. I'm going to carry on

collecting chocolate eggs, are

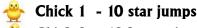




They could see the bunnies bouncing around hiding eggs behind trees, bushes and walls. Manny and Olivia walked down towards the play area collecting eggs as they went. At the playground they said goodbye, Manny went back to his home



next to the bridge (Marker 1) and Olivia went back to her favourite tree, the horse chestnut in the Rose Garden.



Chick 2 - 10 bunny jumps

Chick 3 - 10 hops on each leg

🐥 Chick 4 - 10 tuck jumps

Shick 5 - 10 criss-cross feet

Ohick 6 - 10 squats