

Move More  
Maisie Mouse  
takes part in  
Travel Smart Week

**MOVE MORE** Explore how  
you travel

MAISIE MOUSE STORY

No. 1

Maisie Mouse says draw your Travel Smart Route here



Move More Glossop – helping  
people across Glossop to move  
more and find ways to build  
movement into everyday life.

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Greater Manchester  
**Walking**

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you travel

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Travel Smart Week



By Helen Thornhill



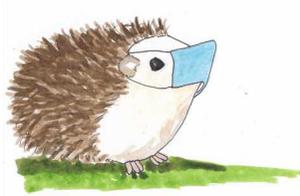
Maisie the Move More Mouse 🐭, was looking forward to taking part in Travel Smart Week. She skipped into the classroom eagerly looking for paper and coloured pencils, she wanted to create a poster that would encourage her friends to join her on her school journey during the week. (Can you skip? Try to skip around the room)

Maisie scratched her head, hmmm let me think about the different ways I can travel to school she thought.

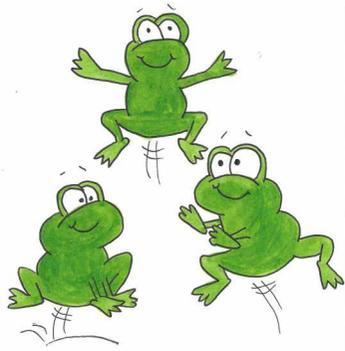
- Car 🚗 ✓
- Bus 🚌 ✓
- Train 🚂 ✓
- Walk 👟 ✓
- Run 👟 ✓
- Cycle 🚲 ✓
- Scoot 🛹 ✓

Now which of these are smart ways to travel?

- Walk 👟
- Run 👟
- Scoot 🛹
- Cycle 🚲



Maisie started to design a poster with lots of colours to catch the eye of her friends. She was busily colouring when all her friends came into the classroom, they crowded around Maisie to see what she was doing. Harry the Hedgehog 🦔 said 'Oh Maisie I love your poster, what is it for?' Maisie replied 'It's for travel smart week, are you



replied in chorus, in excitement the three frogs jumped across the classroom to their desks. (Can you jump like a frog? Try doing 10 Frog Jumps)

Maisie gave everyone a piece of paper and some colouring pencils 🖍️, 'We need to draw a map, 🌍 showing the best route to travel smart to school, do you know the shortest, safest way to travel to school by bike, walk or scoot?' Maisie said. She sat down and started to draw the footpaths, cut throughs and safe places to cross the roads. When she'd finished her map Maisie had a look at her friends' maps, they'd all drawn their routes from home to school, some had a long way to travel, so Maisie suggested they asked their parents to drive part of the route, park in a safe place and walk the final part of their journey. Sam and Sara Squirrel 🐿️ both thought this was a great idea as their home was a long way from school, they thanked Maisie for the idea.



going to join me and scoot to school Harry?' 'Yes I'll join you, what about you Freddie, Fiona & Felix the Frogs, 🐸 are you going to hop to school?', asked Harry the Hedgehog, 'Croak, yes we'll hop to school' they

The class friends took their maps home to show their parents and to prepare for Travel Smart Week.

When Maisie got home she thought about other things she should think about before Travel Smart Week, 'Will it be a dry week' she thought, 'I must look for my wellies 🧥, my rain coat 🧥 and hat 🧢, just in case it rains ☁️'. Maisie couldn't wait to smart travel to school, she loved to hop, skip and jump along the pavement on her way to school, chatting to her friends about what they will be doing that day, excited to be playing in the school gardens.

Can you think of fun ways to walk to school? Can you put your arms out like a plane, or pretend to be a train? What other ways can you think of?

Can you draw your Travel Smart Route? 🌍 Maisie Mouse 🐭 says 'Don't forget the green cross code. 🚦 Stop, look and listen before you cross any road, if there's a pedestrian crossing please use it. Have fun and stay safe!'

