



PROUD TO LAUNCH...

Friends of THE BUREAU

- SOCIALISE WITH OTHER VOLUNTEERS & SUPPORTERS.
- HELP YOUR COMMUNITY.
- RAISE FUND FOR THE BUREAU.
- RAISE THE BUREAU'S PROFILE.

This is new fundraising and social group of volunteers and supporters, coming together with the same aim, to help raise funds, socialise with others and raise the profile of our charity.

For more information or to get involved please contact Damien Greenhalgh on 01457 865722 or Damien@the-bureau.org.uk

NEW WELLBEING SUPPORT AND ACTIVITIES FOR THOSE WITH LUNG CONDITIONS AND DEMENTIA

We have launched several new activities with many housed in our new Bank House.

Weekly Walking for Lung Health
Wednesday, 2pm–3.30pm

Weekly short walk and natter with a trained BeWell walk leader around Manor Park, Glossop.

In partnership with



Weekly Singing for Lung Health group
Tuesday, 2pm–3.30pm

Weekly singing group to help managing people's symptoms, improves their breathing and lifts their spirit too!



Supported by



Our inaugural walk on a spring sunny day in Glossop's Manor Park.

COPD Support Group

2nd Monday of Month, 2pm–3.30pm

Monthly self-help and support group which provides practical and emotional support for those who are living with COPD - this includes patients and their family/carers.

The Thursday Club

Thursday, 2pm–3.30pm

These weekly activity sessions run by our Bureau volunteers are for people living with dementia in Glossopdale.

Dementia Carers Peer Support
Thursday, 2pm–3.30pm

These weekly peer-support sessions facilitated by a Bureau volunteer are for people caring for, usually loved one, living with dementia in Glossopdale.

Supported by



DATES FOR YOUR DIARY

Saturday, 9th June

Fundraising Coffee Morning

10am–12pm @ The Bureau

Every Monday

Community Drop in

10.30am–12pm @ The Bureau

Every Monday

Volunteer Drop in

11am–12.30pm @ The Bureau

See our website for more events

the-bureau.org.uk/news-events/



FOR MORE NEWS AND UPDATES PLEASE VISIT OUR WEBSITE, FACEBOOK PAGE OR TWITTER ACCOUNT



WE'VE MOVED AND SETTLED IN OUR NEW HOME

In early April 2018 we made the move from Howard Town House to our new superb home at **Bank House at 22 Henry Street** - opposite Norfolk Square next to Sandra's florist.

Whilst Howard Town House had been our home for more than a decade, Bank House offered us a lot more flexible community meeting and office space in a central location, and we're loving it!

Our move is a home-coming of sorts, as many residents will remember as Glossop Volunteer Bureau we were once based at 10 Henry Street, with the pleasant Norfolk Square opposite and easy access to shops, the train stations and buses.

The move has consolidated many social activities and wellbeing sessions that are currently spread out in community venues across the town such as Bradbury Community House. Our longstanding vital Time Out Shopping and Seated-Exercise groups have joined us in our new premises and have been joined by new sessions and support groups for those living with dementia and their carers - see article on page 4.



Whilst where we are based may have changed over the years, where ever we are, our staff and volunteers will remain as committed to providing community solutions for people right across Glossopdale as we ever were be that through snow, rain and sunshine.

WE'RE HOLDING A FUNDRAISING COFFEE MORNING IN OUR NEW HOME ON SATURDAY 9TH JUNE—10AM TO 12PM
Can you help us on the day? Or are you able to donate any of the following?

- > Tombola prizes (Bottles, chocolates, sweets)
- > Books
- > Cakes, biscuits and sweet treats

If so, give us a call on 01457 865722 or email us at info@the-bureau.org.uk



CHANGES TO OUR TEAM



Farewell Karen, welcome Lauren

A familiar voice on the end of the phone for many contacting us about our Volunteer Car Scheme, **Karen Prestwich** left us for pastures new in December 2017. We wish her well and are delighted to welcome the lovely **Lauren Moore** who joined the team in November 2017 as our new **Transport Coordinator** responsible for the Car Scheme in addition to our community minibus.

New BBO Towards Work team

March 2018 saw us welcoming **Graham Morgan** as the new **Building Better Opportunities (BBO) Work Coach**. In the role he supports with people's first vital steps towards gaining employment through a personalised service and support to overcome barriers an individual may face. Graham comes to us from the East Midlands Chamber and is ably assisted by **Laura Knight-Smith** who is the **BBO Hub Administrator**.



Charlotte Winterbottom

April saw Charlotte Winterbottom join team as our **Funding and Development Coordinator**. In the role she will be concentrating on seeking out and gaining new grant funding income to continue the fantastic work of The Bureau's projects, staff and volunteers going from strength to strength.

New Apprentice, Rochelle

May sees the young and enthusiastic local **Rochelle Hesketh**, who had been on work placement with us through March and April join The Bureau staff team as a paid **Business Administration Apprentice**.

Rochelle will be meeting and greeting clients and visitors to Bank House, dealing with initial enquiries and generally assisting the staff team to keep our cogs turning.



A FOND FAREWELL TO JULIE FARLEY

In March we said a fond farewell to **Julie Farley** our Chief Officer of the last two and a half years. Under her leadership she saw through a number of significant achievements and new developments, including battling for our very existence when threatened with funding cuts, setting up new services, and overseeing the name change from Volunteer Centre Glossop to 'The Bureau' with a new look to match the new name.

Julie said: **"I am honoured to have worked with the amazing and talented staff and volunteers at The Bureau and with people and groups across the community - I have never been part of a more dedicated and committed team. I am thankful for their support over the last few years."**



Sophie Glinka is now our full time Chief Officer, after job-sharing the role for 6 months prior.

SECOND ROUND OF SELF-CARE GRANT NOW OPEN

The Bureau is administering a **Self-Care Grant** as part of its work to assist the creation and expansion of new local sessions, services and community groups in order to fill the gaps in community support we've identified via our Community Navigation social prescribing service.

Like our last round in 2017 we are looking to fund sessions/services/groups that can help us reduce people's repeat visits with GPs and referrals to DCC's Adult Social Care, planned.

These are the key dates for the grants:

- **27th April 2018** – Applications open
- **15th May 2018** – Public Information Sessions held at The Bureau at 2.00-3.30pm and 6.00-7.30pm. All welcome
- **20th June 2018 (4pm)** – **Deadline for applications**



or more information please visit <https://the-bureau.org.uk/our-services/self-care-grants/> for the guidance and application form above.

Please feel free to contact Charlotte Winterbottom on **01457 865722** or CharlotteW@the-bureau.org.uk for discussion potential bid.

DOES YOUR GROUP NEED TO RENT SPACE?

We have five rooms and hotdesks to rent at reasonable prices, including:

- **The Community Space** – ground floor flexible assessable community space with kitchen area, café style tables and chairs, sofas, and accessible toilet close by.
- **Various Meeting Rooms** – accessible large ground floor flexible meeting space, with a further large and small meeting room upstairs.
- **Counselling Room** – small private and pleasant 1-to-1 counselling room upstairs.

For more information or to arrange a viewing please call **Rebecca Hyde** on **01457 865722** or email Rebecca@the-bureau.org.uk

