

GLOSSOP YOUTH
LIMITED

Whats Inside?

LEARNING
T O G E T H E R



CHARLESWORTH
& CHISWORTH
CARNIVAL



SCAN WITH YOUR PHONE
TO DONATE

TEXT
GLOSSOP **TO GIVE**
TO
70450 **£2**

Texts will cost the donation amount plus one standard network rate message.

LEARNING

T O G E T H E R

Thriving Communities is a new national support programme for voluntary, community, faith and social enterprise groups, supporting communities in England, working alongside social prescribing (SP) link workers. This regional offer is hosted by Community Action Derby, a local infrastructure in Derbyshire

The Learning Together programme is free and will help you understand the developments of SP and your work is part of SP. You will have the chance to create partnerships with fellow community groups and other professionals across the health and local authority system to sustain your work in the long term.

To find out more, contact Sarah Paine at midlands.thrivingcommunities@nasp.info



National
Academy
for Social
Prescribing

Midlands Learning Together programme is FREE to join, as part of Thriving Communities, which aims to support community health and wellbeing groups sustain their work for Social Prescribing.

Community Action

Three top reasons why a group should get involved:

- 1) If you are an activity provider, want to explore how to receive referrals from Social Prescribing Link Workers or improve the process if you are already connected to SPLW.
- 2) Want to be part of opportunities to sustain your work, whatever the size of your team from 1 person up, whatever area you cover in small patch to across the region, or if you are considering setting up or well established. All have something to learn and contribute.
- 3) Working with your fellow organisations and NHS and local authority partnerships. Get connected to help deliver Social Prescribing together.

Between the 4th and 8th of July, The Bureau had the great pleasure of working with the National Citizens Service to help young people complete their Social Enterprise portion of the programme. This has led to the formation of a group known as Glossop Youth Limited, who aim to give a voice to young people in Glossop.

They kindly raised over £245 through a sponsored walk and a bake sale towards our youth offering through Move More.

We look forward to working with GYL in the future!

**GLOSSOP YOUTH
LIMITED**



THE

CHARLESWORTH & CHISWORTH CARNIVAL

BUREAU

Human Fruit Machine sparks conversation and raises funds at local carnival!

On the 9th of July, The Bureau went out into the community and visited Charlesworth & Chisworth Carnival to spread the word about what we do.

As part of our efforts to increase awareness of our charity, we have started attending local events. One of our first visits to Charlesworth and Chisworth Carnival was a great success, allowing us to spend some incredible face time with our community and tell them about our services.

Our efforts will not stop here, with plans to attend other local events in the future.

With such a wide range of offerings, it can be difficult to encapsulate everything that The Bureau does. Whether it's our amazing volunteers working hard to deliver our client-focused services, our Community Navigators going out into the community to ensure client wellbeing, or our office-based staff working hard to build relationships with our partners and community, Glossop can rest assured that every member is working hard to make our home a thriving and connected community.

A great benefit to being out with the public is that we get a greater sense of community need. Whilst we always strive to offer a wide

range of services, we are always on the lookout for other ways we can help our community, whether it be providing a service or working with grassroots organisations to help them operate independently and successfully.

To find out more about us, call 01457 865722



MEET THE TEAM

GRAHAM MORGAN

Service Development and Programme Manager

Graham started at The Bureau in February 2018, initially as a BBO Towards Work Coach. He has recently been promoted to Service Development and Programme Manager, a role he moved into on the 4th of July after recruiting for his replacement.





RESERVOIR WALKS

WEDNESDAY AT 9.30AM

CONTACT HELEN
MIND.BODY.SOLE.GROUP@GMAIL.COM

COULD YOUR WORKPLACE BE THE EXPERIENCE SOMEONE NEEDS?

The Bureau is looking to work with local employers to offer meaningful trial employment to our clients, at no cost to participating organisations.

BENEFITS

CLIENTS	EMPLOYERS
Meaningful Experience	Community Engagement
Confidence	Offer Unique Opportunities
New Opportunities	Potential New Employee
Potential References	Work With A Local Charity
	Make A Difference



Community Wellbeing

Tameside & Glossop

01457 865722

info@the-bureau.org.uk



Bank House,
22 Henry Street
Glossop, SK13 8BW

www.the-bureau.org.uk

The Bureau, Glossop



@Glossop_Bureau



NHS Tameside and Glossop
Integrated Care NHS Foundation Trust
Tameside and Glossop
Clinical Commissioning Group



High Peak Borough Council
working for our community



COMMUNITY FUND

We need volunteers to support people on their shopping trips, accompanying clients to the shops and carrying their purchases for them.

We want to create a sense of capability and independence for those folks who have struggled during lockdown.

Volunteers can then come back and have a brew and a natter, play some games, and have fun!

If you're free on a Monday afternoon, get in touch!

01457 865722

fi@the-bureau.org.uk



VOLUNTEER CAR SCHEME

Do you have the drive?

Due to an increase in demand we are in need of more Volunteer Drivers for our Car Scheme. If you or someone you know is interested in making a difference to those in our community who are isolated or without help getting to medical appointments, then get in touch through the details at the bottom of the page, or visit www.the-bureau.org.uk/get-involved



A WALK TO EXPLORE GLOSSOP AND ITS COUNTRYSIDE



Email Helen - mind.body.sole.group@gmail.com

fresh air
Socialise
Explore new places

A new walking group, alternative Saturday Mornings at 9.30am at medium level walking group designed to discover the footpaths around Glossop and it's countryside.
2 hour walk approx 5 miles

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@Glossop_Bureau



NHS Tameside and Glossop
Integrated Care NHS Foundation Trust
Tameside and Glossop
Clinical Commissioning Group



High Peak Borough Council
working for our community



COMMUNITY FUND

CAST ON

Crochet & Knitting



— THE —
BUREAU

Tuesday 12.30-14.30

at

Hadfield Methodist Church

*Both beginners and experienced
welcome!*

Call The Bureau for more information

01457 865722

or email

laurenh@the-bureau.org.uk



THE BUREAU



Are you unemployed?

Have you been away from the workplace for a long time due to family or health issues?

Would you benefit from support to move towards work, training or education?

Here at The Bureau we can:

- Help build your confidence
- Provide training required
- Support you in getting closer to your goals
- Actively Job Search with you
- Provide a Personal Budget to help you access work

NO COST TO YOU

So what are you waiting for?

Contact Stacey on
07850 503191
to arrange an initial chat
or email

stacey@the-bureau.org.uk



THE BUREAU

TOWARDS
WORK
BUILDING BETTER
OPPORTUNITIES

GROUNDWORK
CHANGING PLACES
CHANGING LIVES



COMMUNITY
FUND

European Union
European
Social Fund

VOLUNTEERS NEEDED

HI-FIVE PURE VIBES

Hi-Five is a youth camp for 8-14 year olds
A friendly chill out zone for young people

Various roles:

Registration, Tuck Shop
Arts & Crafts, Sports
Activities

Every Wednesday
15-45 until 17-45

Please get in touch with Helen if you're
interested or would like more information
helen@the-bureau.org.uk

**MOVE
MORE**
Glossop



THE
BUREAU
CV
WORKSHOP



**Haven't got a current CV?
Need help preparing one for free?**

The Bureau can help!

**Come to The Bureau on a Wednesday.
Remote service available on request, via
email/phone.**

Appointments are
available every
Wednesday between
9.00am and 5.00pm
Book by calling
01457 865722



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 info@the-bureau.org.uk

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 The Bureau, Glossop

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 **DERBYSHIRE**
County Council

 **Tameside and Glossop
Integrated Care**
NHS Foundation Trust

 **Tameside and Glossop**
Clinical Commissioning Group

 **High Peak Borough Council**
working for our community

 **COMMUNITY
FUND**

WALK FRIDAY

Add a little bit of body text



10.30am

**TAKE A HIKE TODAY
A FRIENDLY SOCIAL WALKING
GROUP**

**FOR MORE DETAILS
EMAIL
MIND.BODY.SOLE.GROUP@GMAIL.COM**

**MOVE
MORE**
Glossop

THE BUREAU TIMEOUT

Shopping and Social Support Group
Every **Monday** 2–4 pm

Our wonderful volunteers will support you as you shop together for your groceries and weekly essentials in Central Glossop.



Return to The Bureau for games, quiz, raffle or bingo. Refreshments available. The group also includes occasional day trips to local places of interest.

01457 865722

info@the-bureau.org.uk



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The Bureau, Glossop



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NHS
Tameside and Glossop
Integrated Care
NHS Foundation Trust

Tameside and Glossop
Clinical Commissioning Group



High Peak Borough Council
working for our community





BEV

BECS

RUTH

JANICE

LISA

OUR COMMUNITY NAVIGATION TEAM

CALL 01457 865722

SOCIAL PRESCRIBING



IS NOT JUST . . .

- Signposting
- Health Coaching
- A directory of services
- Activities to fill someone's time now and then

IT'S MUCH MORE . . .

Physical Activity



Diet & Nutrition



Mental Health



Social Support



Substance Abuse



Debt & Benefits Advice



Housing Support



Employability Support



Volunteering Support



Gambling Addiction



Your Health Online: Made Easy!



**Need your Covid Pass
to travel?**

A quicker way to order your repeat
prescriptions?

**Do you or someone you know want an
easier way to contact your GP
surgery?**

*Our new volunteer-led workshops at
Howard Street Surgery in Glossop
on Thursday mornings
can help you to learn how to use your
phone, tablet or computer
to manage your health online!*

We can work with anyone registered at any surgery in Glossopdale – To find out
more or book a place, contact Emma

07920 170126 or email:

health@digitalwellbeingproject.org.uk

THE BUREAU

LIFE SKILLS 2022



Do you suffer from Anxiety?
Are you currently out of work?
Struggling to get your life on track?
Have a willingness to better yourself?
Do you want to build your confidence?
Do you have the potential to go further?
Want to develop and improve your skills?



Want to build your confidence and motivation?

Want to be able to engage in work related/meaningful activity?

COME AND TALK TO THE BUREAU!

We can support you to gain a set of skills and coping strategies so that you can progress towards achieving your goals

Your goals could include: starting to volunteer, joining social groups, managing stress and anxiety, boosting your confidence, progressing onto training, education, pre-employment training and gaining employment

Our volunteer mentors offer support so that you feel more able to achieve your goals

What can we offer?

Work with you and help you come up with a plan to get you closer to your goals

Share practical solutions to help build confidence and identify new opportunities

Link with others who have been in similar situations to share ideas and solutions

Link you up to a volunteer Life Skills Mentor

This service is available to people aged 18 years and over, living in Glossop and New Mills Area

CONTACT US TODAY

 01457 865722

 info@the-bureau.org.uk

 www.the-bureau.org.uk

 The Bureau, Glossop

 @Glossop_Bureau

 Bank House,
22 Henry Street
Glossop, SK13 8BW

This project is part-financed by the European Social Fund



European Union
European
Social Fund

Funded by

 Skills Funding Agency

 Fu+ures

VOLUNTEER DRIVERS NEEDED

Do you have time to help drive isolated people?

If you have any spare time to drive people in need,
then contact us on:

01457 865722

FUEL COSTS
COVERED BY US



URGENT

THE
BUREAU

A Weekly
Donation
of

£2



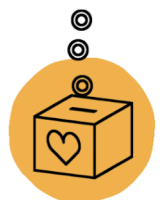
Reconnects an
Isolated Person
with Call Companions

Ways To Donate



Text **GLOSSOP** to **70450**
to give **£2***

Donate at one of our
Charity Boxes



Call
01457 865722
to donate directly

*Texts will cost the donation amount plus one standard network rate message.