

THE BUREAU



Glossop
Health
Team

Improving care in our community

01457 865722

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Health & Wellbeing Newsletter

January '23



COVID-19
Positive Tests

3

Down 2 (-40%)

Last 7 Days

Vaccine
Clinic

Simmondley
Medical
Centre

Thursday 26th
January - 5-7PM

COST OF LIVING



CRISIS



FIND RESOURCES

The government has released several useful resources to help - search 'cost of living'

BE AWARE

Be aware of your finances. Ignoring any problems can cause more problems.

SEEK SUPPORT

There is support available. Scan the QR code overleaf or call Citizens Advice.



The phone number for Citizens Advice is:
0808 278 7954



Seeking professional financial advice as soon as possible can help prevent problems later down the line.



If you're unsure where to turn, call The Bureau and we will advise you on where to turn next.



**Don't Ignore
Financial Hardship
Find Out More Inside!**



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Glossop Health Team Vaccines have Moved

Glossop Health Team will no longer be performing Covid-19 vaccines from opposite the Glossop North End AFC football grounds.

At their next clinic on the 26th January, they will be located at:

SIMMONDLEY MEDICAL PRACTICE

For more information, please call us on **01457 865722**

National Academy for Social Prescribing

Thriving Communities is a new national support programme for voluntary, community, faith and social enterprise groups, supporting communities in England, working alongside social prescribing link workers. The learning together programme will help you understand the developments of Social Prescribing and how your work is part of Social Prescribing. For more information visit:

www.socialprescribingacademy.org.uk



National
Academy
for Social
Prescribing



Financial Inclusion Information

Financial hardship affects many people in the UK. Ignoring the problem can make it worse, but knowing where to turn can be difficult with so much conflicting information from various organisations.

The High Peak Financial Inclusion Group has produced a leaflet in conjunction with The Bureau to provide useful contacts in the event of a financial crisis. For more information, scan the QR code or call **01457 865722**

UK Health Security Agency

#GroupAStrep

Group A Strep (GAS)

Parents should trust their judgement when their child is poorly. Speak to your GP or call 111 if your child is poorly and getting worse.

Always call 999 or go to A&E if your child:

- ▶ Is having difficulty breathing - such as grunting noises or their tummy sucking under their ribs
- ▶ there are pauses when your child breathes
- ▶ child's skin, tongue or lips are blue
- ▶ is floppy and will not wake up or stay awake.



GLOSSOPDALE

SOUP

A COMMUNITY FUNDRAISING EVENT
SEE LOCAL PROJECTS PITCH FOR YOUR VOTE - CHOOSE CHANGE IN YOUR COMMUNITY!

WHAT'S YOUR IDEA?

WE NEED PITCHES!