THE

BUREAU

JANUARY 2022

NEWSLETTER

WOLUNTEER OPEN DAY





On Saturday 8th January The Bureau opened its doors to welcome prospective volunteers from the community. In a drive to raise public awareness of our services and to bring in new volunteers, the team opened the office up to be on hand to answer any questions people may have and to sign people onto their individual projects.

A total of fifteen new volunteers were signed up across various projects, or expressed an interest in volunteering. This is a huge win for both the organisation and the community as it further allows us to extend out services and provide Glossop and the surrounding areas with the necessary support for its wellbeing needs.

Whilst this is a big win for us as a voluntary organisation, there is still plenty of room for

more volunteers. If you or anyone you know is interested in volunteering here at The Bureau, or is perhaps interested in finding further volunteering opportunities within the community, then get in touch with our Volunteer Coordinator, Fi Nelson using the details below.

Interested in volunteering?

Contact Fi Nelson

Fi@the-bureau.org.uk **01457 865722**

Meet the team... Ruth Towner-Yates



Ruth has been with The Bureau since 2017 having come from a diverse background in charitable and public health organisations. and has recently been promoted to Community Health & Wellbeing Manager. Congratulations, Ruth!



Haven't got a current CV? Need help preparing one?



The Bureau can help!

FREE CV WORKSHOP



Come to the Labour Club on a Wednesday.

Appointments available every Wednesday between 9.00am until 12.30pm

and

1.00pm until 5.00pm

Book by calling 01457 865722





01457 865722



info@the-bureau.org.uk

scheme."



Bank House, 22 Henry Street Glossop, SK13 8BW















Integrated Care Tameside and Glossop



Book online at www.gov.uk/get-coronavirus-test or call 119 **KEEP GOING FOR**

Community Testing Sites - 2022

Gamesley Sports and Community Centre, Melandra Castle Road, Gamesley, SK13 6UQ, 9am to 5pm Open Mondays and Tuesdays

Glossopdale School, Newshaw Lane, Hadfield, SK13 2DA Open Wednesdays, Thursdays and Fridays 10am - 2.30pm, and Saturdays and Sundays 9am to 3pm.

GLOSSOPDALE

BEFRIENDING Got a minute for a chat?

Due to an increase in demand we are in need of more Befrienders for our Befriending program. If you or someone you know is interested in making a difference to those in our community who are isolated and in need of company, then get in touch through the details at the bottom of the page, or visit www.the-bureau.org.uk/getinvolved.

GET IN TOUCH!

Here at The Bureau, we love hearing back from our community, clients & volunteers, and getting feedback that helps us provide better services to our local area!

This month we highlight the experience of Anne, one of our Life Skills Mentors.

"I have found being involved in the Life Skills work

extremely rewarding. Whilst my own client has not

yet moved towards training or work, the obvious improvement in his mental health as he has been supported through the Life Skills Course has been a pleasure to watch. Personally, the work has motivated me to look for wider opportunities within volunteering at The Bureau including involvement in peer support and training of future additional mentors and the volunteer driver