



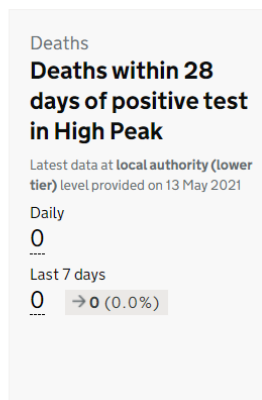
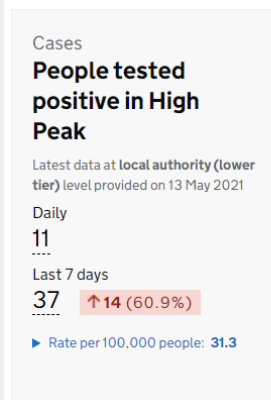
Welcome to the Glossopdale Community Messaging Partnership Update

Keeping you up to date with the latest news regarding COVID-19.

Latest news

Below is a roundup of the latest coronavirus news for Glossopdale, as well as other useful information that you might be interested in.

Virus Case Numbers in High Peak



There is an increase in the numbers of cases in the High Peak within the last 7 days.

It is so important that we remain vigilant and continue following Government guidelines, particularly as we continue through the roadmap and see more services opening up.

Remember – hands, face, space!

Next Stage in the Roadmap – May 17th

Next week we can start to meet people indoors again for the first time since Christmas! However this is where it is really important to continue to remain vigilant and safe. Here's how you can meet people indoors safely:

How Can I Meet Others Indoors Safely?

From 17th May we can meet in groups of 6, or two households, indoors. Please do this safely by:

- Remaining socially distant
- Keep rooms well ventilated
- Sanitise your hands and surfaces regularly
- Wear a mask when social distancing is not possible



**KEEP GOING FOR
GLOSSOPDALE**

Vaccine Update

Vaccine uptake in Tameside and Glossop is generally very good, and the Glossop Health Team are currently running evening clinics to try to accommodate people who normally work in the day. There is another evening clinic due next week, and the date will be confirmed when the delivery date is known.

If you are 38 or over on the 1st July, you are eligible for the vaccine now and you can either wait for your GP to get in touch, or book your vaccine here

<https://www.nhs.uk/conditions/coronavirus-covid-19/coronavirus-vaccination/book-coronavirus-vaccination/>

Please make sure that you attend your vaccine appointment, and if you cannot attend for any reason, please cancel it or get in touch with your GP for further advice.

NHS App to Show COVID Vaccination Status

COVID-19 vaccination status can be accessed through the NHS App from 17 May. The service will not require data provided through the GP record.

People should register with the NHS App before booking international travel, at least two weeks before their departure date once they've completed a full course of vaccinations.

Those without a smartphone are being asked to call the NHS helpline on 119 from 17 May and ask for a letter to be posted to them.

We are encouraging the public not to contact their GP surgery about this as GPs will not be providing letters to show COVID-19 vaccination status.

<https://www.gov.uk/guidance/demonstrating-your-covid-19-vaccination-status-when-travelling-abroad#using-the-nhs-app>

Community Groups Get the Green Light!



As the next stage in the Government's roadmap quickly approaches, many community groups have now got the green light to get their activities up and running again! The Bureau's Community Navigation team have been on the hunt for new and existing groups who are now open for people to attend. Here's Ruth Towner-Yates paying a visit to Glossop Community Allotments.

If you are a community group who would like to get started again but aren't sure how to navigate the Government guidelines and would like a little help, do get in touch with The Bureau on 01457 865722 or info@the-bureau.org.uk

COVID-19 Recovery

If you have had COVID-19 you may still be coming to terms with the impact the virus has had on both your body and your mind. These changes should get better over time, some may take longer than others, but there are things you can do to help.

Your COVID Recovery helps you to understand what has happened and what you might expect as part of your recovery. See this web link for more information - <https://www.yourcovidrecovery.nhs.uk/>

Keeping in touch

If you have any questions, ideas or concerns please email us at communitymessaging@the-bureau.org.uk

Supporting Derbyshire in the fight against coronavirus